

## Fall Protection

Regulatory Requirement References  
OSHA 1926.500, 1926.107b-107c  
MIOSHA Part C45

Estimated Time Required	2 -4 hrs.
Requalification Period	Special
Pre-Requisites	N/A
Minimum # Students	2
Maximum # Students	8
Additional Course Material	N/A

### General Overview

Upon successful completion of this fall protection training, students shall be able to properly identify and implement approved fall prevention policies. This includes fall hazard analysis, conditions which require fall protection, the components and implementation of the buddy system, and the fall arrest system. Fall arrest system equipment and proper usage, such as selection of anchor points and equipment limitations, along with inspection requirements, are illustrated in a hands on portion of the course.

### Expected Outcomes

Students will be able to demonstrate correct procedures for erecting, maintaining, disassembling, and inspecting the fall protection systems

Students will be able to demonstrate correct donning and doffing of client supplied harnesses

### Topics Covered

The nature of fall hazards in the work area, The use and operation of guardrail systems, personal fall arrest systems, safety net systems, warning line systems, safety monitoring systems, controlled access zones, and other protection devices.

### Implementation Mechanism

Training shall consist of a combination of formal instruction (e.g., lecture, discussion, video presentation, written material), practical training (demonstrations performed by the trainer and practical exercises performed by the trainee), and evaluation of the student's performance.

### Client Supplied Equipment

Client specific fall protection equipment for use in demonstrations  
Client Supplied Policies and Procedures related to fall protection.

DVD Player and corresponding viewing equipment