

Ladders: A Practical Approach to Ladder Safety Training

Ladder training is something all students can use to stay safe when working on or around ladders. Personal ladder safety depends on choosing the correct ladder for the job; inspecting the ladder before use; properly setting up the ladder; and using the ladder in a safe manner.

This course discusses basic precautions to take when using a ladder. Learners also see the consequences that happen when safe work practices are not followed. Topics introduce various ladder types, along with the proper selection processes. Topics continue as workers learn how to properly inspecting, set up, and climb the ladder. Safe work practices are detailed, along with a view of how people can misuse a ladder.

- Rich multimedia presentation with interactions and quiz
- Print certificate and wallet card
- You have 60 days to complete the course
- CEUs awarded

Audience

All workers.

Topics

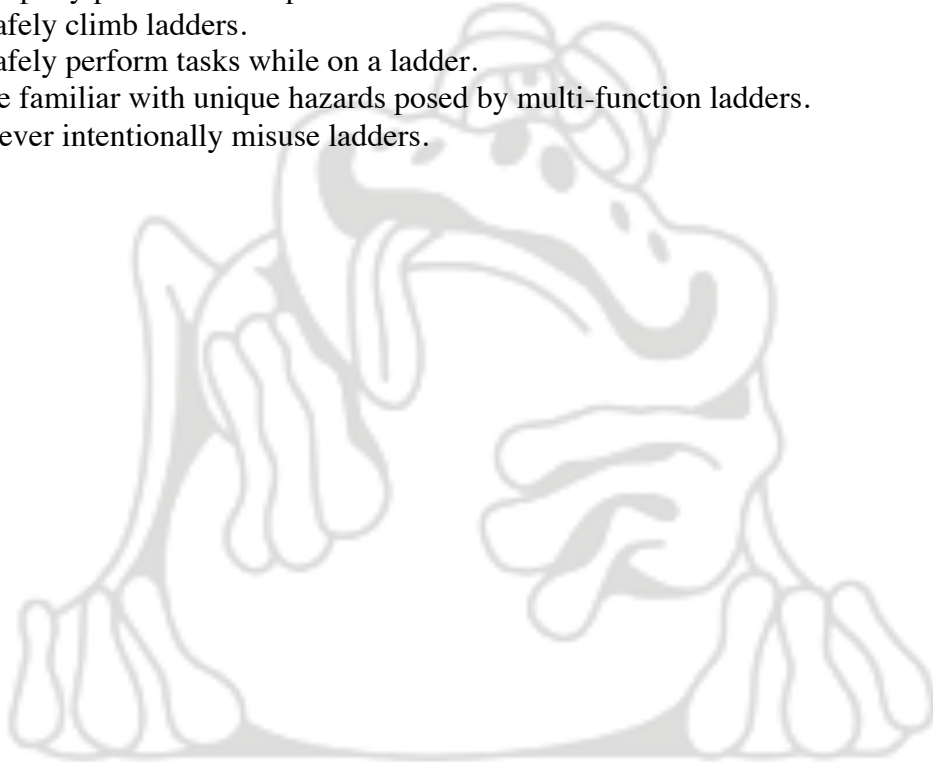
The course presents the following topical areas:

- Selecting the Correct Ladder
 - Types of ladders
 - Duty rating
- Inspecting the Ladder
- Safe Work Practices
 - Transporting your ladder
 - Placing the ladder
 - Uneven/unstable surfaces
 - Placing ladders against round objects
- Proper Set-Up
 - Other stability factors
 - Setting up a straight ladder
 - Platform ladders
- Climbing Ladders Safely
- Performing Tasks While on a Ladder
 - Standing & working on a ladder safely
 - Descending & putting up a ladder
- Multi-Function Ladders
- Misuse of Ladders

Intended Learning Outcomes

Upon successful completion of this course you will be better prepared to:

- Correctly choose a ladder.
- Know what to look for when inspecting a ladder before use.
- Use safe work practices.
- Properly place and set-up ladders.
- Safely climb ladders.
- Safely perform tasks while on a ladder.
- Be familiar with unique hazards posed by multi-function ladders.
- Never intentionally misuse ladders.



FRG Corp.